

Yun-tao Ma, Ph.D,Lic.Ac is an Internationally recognized authority in the field of pain management, sports medicine and trauma rehabilitation. Dr Ma is a founder of American Dry Needling Institute, Visiting Professor, International Dry Needling Course, Medical School Orsay, France. Dr Ma teaches dry needling courses in USA and worldwide.

As a key-speaker Dr. Ma presented his Integrative System at International Symposiums in London, Barcelona, Berlin, Paris, Sao Paulo, Frankfurt, Prague, Washington DC, Thessaloniki.

Dr Yun-tao Ma new textbook Dry Needling for Sports and Trauma Rehabilitation will be published in March 2010 by Elsevier

Integrative Systemic Dry Needling for Pain Management, Trauma rehabilitation and Sports

American Dry Needling Institute offers the most comprehensive Integrative Systemic Dry Needling course for physical therapists for the most affordable price. We present **one-of-a-kind dry needling procedures**, including new concepts and new techniques from Dr MA's textbook *Dry Needling for Sports and Trauma Rehabilitation* (will be published by Elsevier, 2010)

Course description and Course objectives.

Our evidence-based Integrative Systemic Dry Needling course offered mechanism –based dry needling techniques for different types of myofascial pain and other musculoskeletal pain.

I have been blown away. The information given this weekend has been fantastic. The ability of Dr Ma to simplify this information has been amazing. Finbarr Harrington, PT, Ireland

Purpose of this course is to use Advance Dry Needling techniques for following conditions:

1. Rehabilitation of soft tissue dysfunction after injuries and surgeries.
2. Soft tissue pain as results of spinal segmental sensitivity (SSS), trigger points, tender spots and muscle deficiency.
3. Preventing chronic sports injuries such as tendinitis, stress fracture, joint degeneration, apophyses (bony outgrowths), muscle trophy, etc.
4. Optimal balance and de-stress of musculoskeletal system to enhance athletic performance.
5. Comprehensive relief of overtraining syndrome (OTS), delayed-onset muscle soreness(DOMS), sport-related myopathy and soft tissue dysfunction.

Course content:

1. Analysis and needling technique for dysfunction of musculoskeletal system
2. Analysis , balance and needling technique for myofascial continuity and dysfunction
3. Analysis and evaluation of spinal segmental sensitivity (SSS) and its relationship to trigger points, tender spots and muscle deficiency.
4. Needling techniques for managing ligamentous trigger points of major muscles and joints.
5. De-stress management for overtraining syndrome, delayed-onset muscle soreness and other sports-related myopathy. Needling technique
6. Integrative management of soft tissue dysfunction for rehabilitation after sports injuries and surgeries.